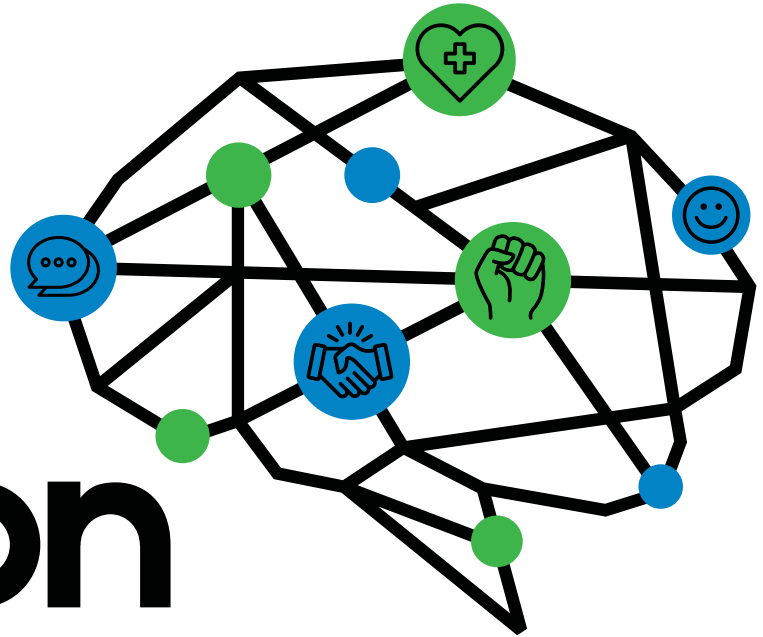


# Minds in Motion



## A School-Age Skill Building Workshop

Participants will engage in a dynamic and interactive 1.5-hour workshop designed to equip parents with the essential tools for nurturing the cognitive, emotional, and social development of their school-age children. Through a combination of presentations, hands-on activities, and collaborative discussions, participants will delve into key areas such as Cognitive Empowerment, Emotional Intelligence, Effective Communication, Building Healthy Habits, and Social Skills and Peer Relationships.

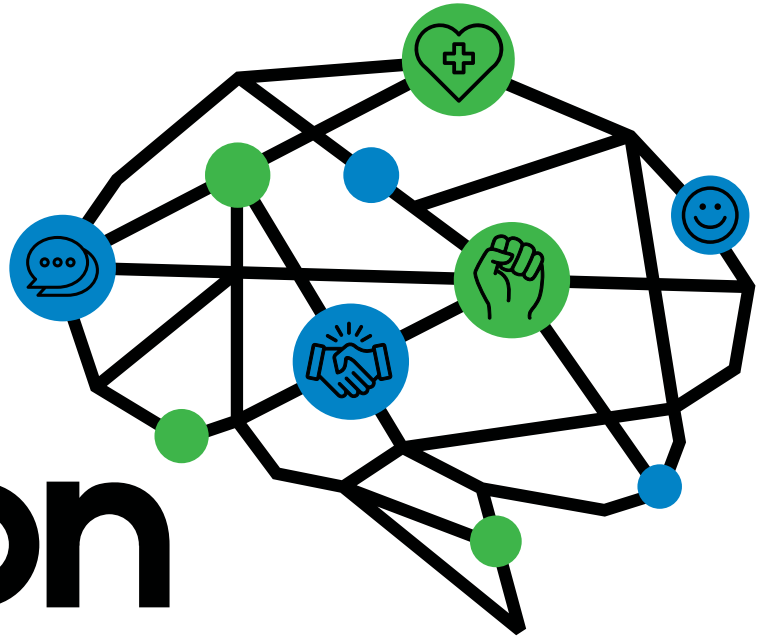
**MONDAY**

**March 4**

**Deerfield Library | 6:30 p.m.**



# Minds in Motion



## A School-Age Skill Building Workshop

Participants will engage in a dynamic and interactive 1.5-hour workshop designed to equip parents with the essential tools for nurturing the cognitive, emotional, and social development of their school-age children. Through a combination of presentations, hands-on activities, and collaborative discussions, participants will delve into key areas such as Cognitive Empowerment, Emotional Intelligence, Effective Communication, Building Healthy Habits, and Social Skills and Peer Relationships.

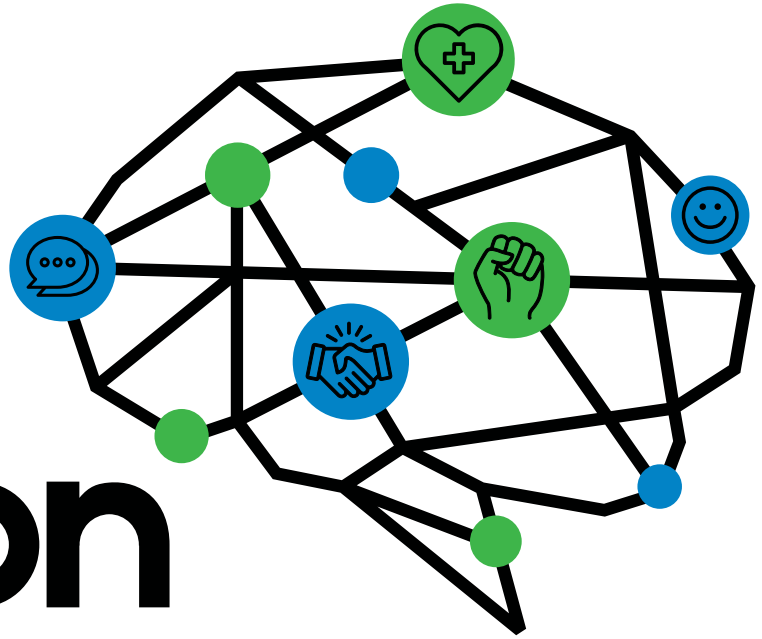
**TUESDAY**

**March 5**

**West. Rd. Library | 6:30 p.m.**



# Minds in Motion



## A School-Age Skill Building Workshop

Participants will engage in a dynamic and interactive 1.5-hour workshop designed to equip parents with the essential tools for nurturing the cognitive, emotional, and social development of their school-age children. Through a combination of presentations, hands-on activities, and collaborative discussions, participants will delve into key areas such as Cognitive Empowerment, Emotional Intelligence, Effective Communication, Building Healthy Habits, and Social Skills and Peer Relationships.

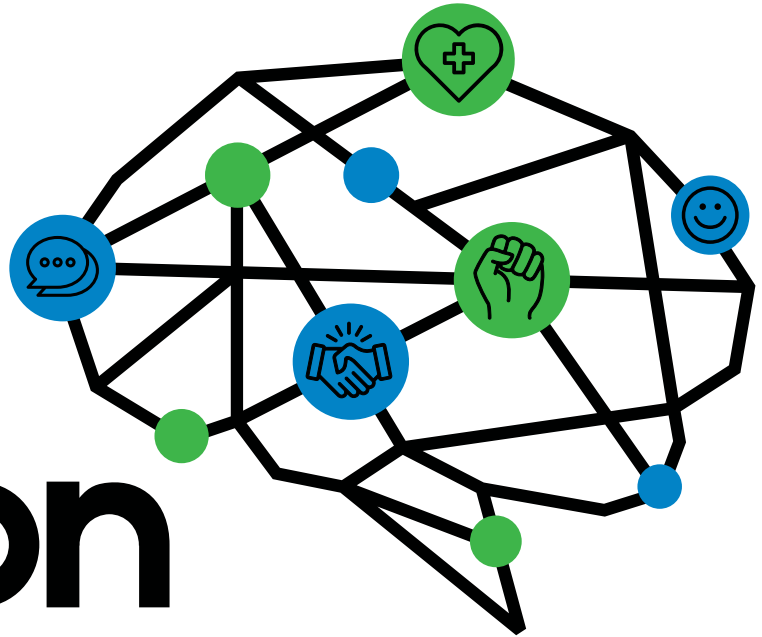
**MONDAY**

**March 18**

**Hart's Hill Library | 6:30 p.m.**



# Minds in Motion



## A School-Age Skill Building Workshop

Participants will engage in a dynamic and interactive 1.5-hour workshop designed to equip parents with the essential tools for nurturing the cognitive, emotional, and social development of their school-age children. Through a combination of presentations, hands-on activities, and collaborative discussions, participants will delve into key areas such as Cognitive Empowerment, Emotional Intelligence, Effective Communication, Building Healthy Habits, and Social Skills and Peer Relationships.

**TUESDAY**

**March 19**

**Marcy Library | 6:30 p.m.**



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